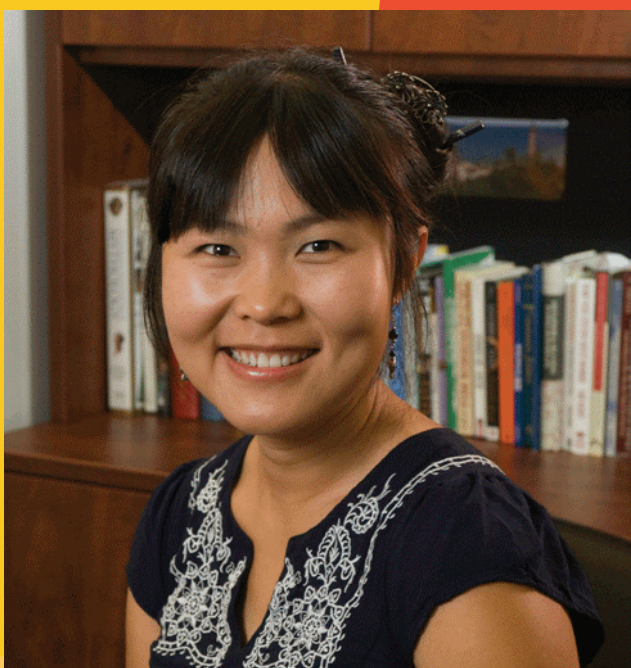


Counseling & Psychological Services Satellite Office



Dr. Shuangmei (Christine) Zhou,
Licensed Psychologist
Counseling and Psychological
Services, Tang Center

**Walk-in Appointments, 241 Bechtel Engineering Center:
Tuesdays 2-4pm; Wednesdays 10am-Noon**

Providing free & confidential consultations to students related
to any personal, professional or academic concerns

Christine can help students make progress with any number of issues:

- Stress and anxiety
- Depressed moods and low self-esteem
- Procrastination, time management and academic issues
- Family conflicts and pressures
- Relationship, break-up and intimacy issues
- Challenges faced by ethnic minority students, first-generation college students, and/or undocumented students
- Struggles in the “coming out” process for LGBTQI students
- Alcohol and drug abuse
- Transition, grief and loss
- Career development and decision-making

Schedule a confidential appointment with Christine,
email christinez@uhs.berkeley.edu or call (510) 643-7580

**If this is an EMERGENCY, please use the walk-in services at
Counseling and Psychological Services in Tang Center:
Monday-Friday, 10am-5pm**



UNIVERSITY HEALTH SERVICES *Tang Center*

